## SENIOR MEALS MENU – MAY 2024

Please choose 6 meals for each week and return to your delivery person by 4/29/2024.	
NAME:May 6, 2024	NAME:May 13, 2024
<ul> <li>Breakfast Hash</li> <li>Seasoned Pork Chop, German Potato Salad, Peas</li> <li>Cheeseburger Soup</li> <li>Chicken Parmesan, Spaghetti &amp; Green Beans</li> <li>Beef Tacos &amp; Mexican Rice Pilaf</li> <li>Chicken &amp; Rice Soup</li> <li>Baked Fish, Hushpuppies &amp; Mixed Vegetables</li> <li>Beef &amp; Noodles, Mashed Potatoes &amp; California Blend</li> <li>Spinach Salad</li> </ul>	<ul> <li>Blueberry Muffins &amp; Yogurt</li> <li>Garlic &amp; Ginger Glazed Pork, Rice &amp; Broccoli</li> <li>Ham &amp; Bean Soup with Cornbread</li> <li>Seasoned Chicken Breast, Au Gratin Potatoes &amp; Cowboy Beans</li> <li>Salisbury Steak with Mushroom Gravy, Egg Noodles &amp; Carrots</li> <li>Chicken Tortilla Soup</li> <li>Hard Boiled Eggs, Cheese &amp; Fruit</li> <li>Tuna Casserole</li> <li>Caesar Chicken Wrap &amp; Italian Potato Salad</li> </ul>
<ul> <li>Spinach, apple, red onion, cranberries, walnuts, bleu cheese</li> <li>NAME:May 20, 2024</li> <li>Scrambled Eggs, Sausage &amp; English Muffin</li> <li>Egg Roll Bowl</li> </ul>	<ul> <li>Breakfast Burrito</li> <li>Roast Pork Loin, Mashed Potatoes &amp; Gravy, Creamed Corn</li> </ul>
<ul> <li>Chili with Grilled Cheese</li> <li>Chicken Quesadilla</li> <li>Swedish Meatballs, Spaghetti &amp; Roasted Acorn Squash</li> <li>Broccoli Cheddar Soup</li> <li>Cajun Fish &amp; Southwest Grain Salad</li> <li>Chicken &amp; Noodles, Mashed Potatoes &amp; Corn</li> <li>Mediterranean Chicken Salad Chicken, iceberg &amp; romaine lettuce, tomato, red onion, feta cheese, cucumber, kalamata olives</li> </ul>	<ul> <li>Potato Soup</li> <li>Chicken Cordon Bleu Casserole with Mixed Vegetables</li> <li>Beef &amp; Broccoli with Rice</li> <li>Taco Soup</li> <li>Tuna Melt &amp; Watergate Salad</li> <li>Three Meat Pizza</li> <li>Club Wrap with Macaroni Salad</li> </ul>

If you have any questions or need to call/text in your order, please contact us at 219-204-1189