

SENIOR MEALS MENU – DECEMBER 2024

Please choose 6 meals for each week and **return to your delivery person by 11/25/2024.**

NAME: _____ Dec 2, 2024

- Ham & Cheese Omelet with Yogurt
- Loaded Potato Soup
- Chicken Parmesan with Spaghetti & Green Beans
- Cheeseburger Casserole with Corn
- Sweet & Sour Meatballs, Rice & California Blend
- Fish Sandwich with Coleslaw
- Honey Mustard Pork, Roasted Sweet Potatoes & Lima Beans
- Beef & Vegetable Soup
- Mediterranean Chicken Salad -
Chicken, iceberg & romaine lettuce, tomato, red onion, feta cheese, cucumber, kalamata olives

NAME: _____ Dec 9, 2024

- Breakfast Burrito
- Corn Chowder
- Southwest Chicken Bowl
- Ham & Noodle Casserole with Green Beans
- Roast Beef with Mashed Potatoes & Corn
- Lemon & Herb Fish with Italian Potato Salad
- Red Beans & Rice
- Parmesan Italian Sausage Soup
- Italian Chicken Wrap with Ranch Pasta Salad

NAME: _____ Dec 16, 2024

- Biscuits & Gravy
- Chili with Peanut Butter Sandwich
- Creamy Garlic Chicken with Red Potatoes & Broccoli
- Cheese Ravioli with Green Beans
- Taco Bowl
- Tuna Salad Sandwich with Macaroni Salad
- Baked Ham, Cheesy Mashed Potatoes & Corn Casserole
- Chicken & Rice Soup
- Grilled Chicken Salad - Chicken, iceberg & romaine lettuce, tomato, red onion, cheddar cheese, cucumber, croutons

NAME: _____ Dec 23, 2024

- Sausage, Egg & Cheese Sandwich
- Cheeseburger Soup
- Monterrey Chicken, Macaroni & Cheese, Roast Carrots
- Chicken & Dumplings with Corn
- Shepherd's Pie
- Cajun White Fish with Orzo & Butternut Squash
- Apple Roast Pork, Red Potatoes & Baked Beans
- Tomato Soup with Grilled Cheese
- Caesar Chicken Wrap with 3 Bean Salad

If you have any questions or need to call/text in your order, please contact us at 219-204-1189

SENIOR MEALS MENU – DECEMBER 2024

Please choose 6 meals for each week and **return to your delivery person by 11/25/2024.**

NAME: _____ Dec 30, 2024

- Scrambled Eggs, Bacon & Grits
- Chicken Gnocchi Soup
- Homestyle Chicken Bowl
- Tuna Casserole
- Swedish Meatballs, Mashed Potatoes & Broccoli
- Pizza Quesadilla
- BBQ Roast Pork, Cheesy Hashbrowns & Green Beans
- Vegetable Soup
- Spinach Salad - Spinach, apple, red onion, cranberries, walnuts, feta cheese

If you have any questions or need to call/text in your order,
please contact us at 219-204-1189