

SENIOR MEALS MENU – MAY 2025

Please choose 6 meals for each week and **return to your delivery person by 4/28/2025.**

<p>NAME: _____ May 5, 2025</p> <ul style="list-style-type: none"> <input type="checkbox"/> Ham & Cheese Omelet with Yogurt <input type="checkbox"/> Parmesan Broccoli Pasta <input type="checkbox"/> Enchilada Soup <input type="checkbox"/> BBQ Roast Pork, Macaroni & Cheese, Baked Beans <input type="checkbox"/> Baked Steak, Mashed Potatoes & Gravy, Green Beans <input type="checkbox"/> Lemon & Herb White Fish with Roasted Root Vegetables <input type="checkbox"/> Chicken Fried Rice <input type="checkbox"/> Loaded Potato Soup <input type="checkbox"/> Club Wrap with Pea Salad 	<p>NAME: _____ May 12, 2025</p> <ul style="list-style-type: none"> <input type="checkbox"/> Biscuits & Gravy <input type="checkbox"/> Goulash <input type="checkbox"/> Beef & Barley Soup <input type="checkbox"/> Egg Roll Bowls <input type="checkbox"/> Beef Enchiladas with Corn <input type="checkbox"/> Turkey Manhattan with Green Beans <input type="checkbox"/> Chicken Salad Sandwich with Broccoli Salad <input type="checkbox"/> Italian Wedding Soup <input type="checkbox"/> Spinach Salad <i>Spinach, apple, red onion, cranberries, walnuts, feta cheese</i>
<p>NAME: _____ May 19, 2025</p> <ul style="list-style-type: none"> <input type="checkbox"/> Oatmeal with Fruit <input type="checkbox"/> Beef Stroganoff with Green Beans <input type="checkbox"/> Chicken Gnocchi Soup <input type="checkbox"/> Honey Mustard Pork, Red Potatoes & Broccoli <input type="checkbox"/> Meatloaf with Cheesy Mashed Potatoes & Carrots <input type="checkbox"/> Fish Sandwich with Coleslaw <input type="checkbox"/> Homestyle Chicken Bowl <input type="checkbox"/> Roasted Red Pepper Soup with Grilled Cheese <input type="checkbox"/> Chicken Bacon Ranch Wrap with Potato Salad 	<p>NAME: _____ May 26, 2025</p> <ul style="list-style-type: none"> <input type="checkbox"/> Scrambled Eggs, Sausage & Biscuit <input type="checkbox"/> Chicken & Noodles with Mashed Potatoes & Corn <input type="checkbox"/> Creamy Parmesan Italian Sausage Soup <input type="checkbox"/> Pork & Ramen Stir Fry <input type="checkbox"/> Sweet & Sour Meatballs, Rice & California Blend <input type="checkbox"/> Pizza Quesadilla & Cottage Cheese <input type="checkbox"/> Garlic Mushroom Chicken with Red Potatoes & Peas <input type="checkbox"/> Tortellini Soup <input type="checkbox"/> Mediterranean Chicken Salad <i>Chicken, iceberg & romaine lettuce, tomato, red onion, feta cheese, cucumber, kalamata olives</i>

If you have any questions or need to call/text in your order, please contact us at 219-204-1189