

# SENIOR MEALS MENU – SEPTEMBER 2024

Please choose 6 meals for each week and **return to your delivery person by 8/26/2024.**

<p>NAME: _____ Sept 3, 2024</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Biscuits &amp; Gravy</li> <li><input type="checkbox"/> Ham &amp; Noodle Casserole with California Blend</li> <li><input type="checkbox"/> Chicken Parmesan with Spaghetti &amp; Green Beans</li> <li><input type="checkbox"/> Corn Chowder</li> <li><input type="checkbox"/> Tater Tot Casserole</li> <li><input type="checkbox"/> Lemon &amp; Herb White Fish with Roasted Root Vegetables</li> <li><input type="checkbox"/> Garlic Ginger Glazed Pork with Rice &amp; Asian Vegetables</li> <li><input type="checkbox"/> Chicken Tortilla Soup</li> <li><input type="checkbox"/> Chef Salad - Iceberg, romaine, ham, boiled egg, tomato, cucumber, croutons, cheddar cheese</li> </ul>	<p>NAME: _____ Sept 9, 2024</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Breakfast Burrito &amp; Mixed Fruit</li> <li><input type="checkbox"/> White Lasagna with Broccoli</li> <li><input type="checkbox"/> Chicken Pot Pie</li> <li><input type="checkbox"/> Loaded Potato Soup</li> <li><input type="checkbox"/> Sloppy Joe with Macaroni &amp; Cheese</li> <li><input type="checkbox"/> Unstuffed Cabbage Rolls</li> <li><input type="checkbox"/> Pork Fried Rice</li> <li><input type="checkbox"/> Enchilada Soup</li> <li><input type="checkbox"/> Italian Chicken Wrap with Corn Salad</li> </ul>
<p>NAME: _____ Sept 16, 2024</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Blueberry Muffin with Yogurt</li> <li><input type="checkbox"/> Goulash</li> <li><input type="checkbox"/> Seasoned Chicken Breast with Loaded Mashed Potatoes &amp; Green Beans</li> <li><input type="checkbox"/> Tomato Soup &amp; Grilled Cheese</li> <li><input type="checkbox"/> Taco Bowl</li> <li><input type="checkbox"/> Tuna Melt with Coleslaw</li> <li><input type="checkbox"/> Apple Roast Pork with Roasted Potatoes &amp; California Blend</li> <li><input type="checkbox"/> Ham &amp; Bean Soup with Cornbread</li> <li><input type="checkbox"/> Loaded Cobb Salad - Chicken, lettuce, tomato, boiled eggs, green onion, bacon, bleu cheese, cucumber, honey mustard dressing, croutons</li> </ul>	<p>NAME: _____ Sept 23, 2024</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Breakfast Hash</li> <li><input type="checkbox"/> Beef &amp; Noodles with Mashed Potatoes &amp; Corn</li> <li><input type="checkbox"/> Chicken &amp; Wild Rice Casserole</li> <li><input type="checkbox"/> Chili with Cornbread</li> <li><input type="checkbox"/> Grilled Hamburger &amp; Potato Salad</li> <li><input type="checkbox"/> Pacific Marinated Salmon with Rice Pilaf</li> <li><input type="checkbox"/> Baked Ham, Au Gratin Potatoes &amp; Broccoli</li> <li><input type="checkbox"/> Vegetable Chowder</li> <li><input type="checkbox"/> Club Wrap with Pea Salad</li> </ul>

If you have any questions or need to call/text in your order, please contact us at 219-204-1189

# SENIOR MEALS MENU – SEPTEMBER 2024

Please choose 6 meals for each week and **return to your delivery person by 8/26/2024.**

NAME: \_\_\_\_\_ Sept 30, 2024

- Breakfast Casserole
- Baked Spaghetti with Green Beans
- Chicken Quesadilla with Mexican Rice Pilaf
- Chicken Noodle Soup with Peanut Butter Sandwich
- Cornbread Cowboy Casserole
- Fish Sandwich with Ranch Coleslaw
- Roast Pork with Mashed Potatoes & Gravy, California Blend
- Tuscan Sausage & Vegetable Soup
- Taco Salad - Ground beef, black beans, corn, tomatoes, lettuce, black olives, red onion, cheese

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please contact us at 219-204-1189