

SENIOR MEALS MENU – December 2026

Please choose 6 meals for each week and return to your delivery person by 11/29/2026.

<p>NAME: _____ Dec 6, 2026</p> <ul style="list-style-type: none"> ☐ Oatmeal with Fresh Berries ☐ Goulash ☐ BBQ Chicken Thighs, Roasted Sweet Potatoes & Green Beans ☐ Beef Stew ☐ Tuna Melt with Macaroni Salad ☐ Pork Stir Fry with Rice ☐ Cabbage Roll Soup ☐ Cheesy Chicken Soup ☐ Chef Salad (Iceberg & romaine mix, ham, boiled egg, tomato, cucumber, croutons, cheddar cheese) 	<p>NAME: _____ Dec 13, 2026</p> <ul style="list-style-type: none"> ☐ Pancakes with scrambled eggs ☐ Roasted Chicken Legs & Cheesy Vegetable Casserole ☐ Tomato Soup with Grilled Cheese ☐ Broccoli Soup ☐ Roast Pork, mashed potatoes & gravy, green beans ☐ Unstuffed Cabbage Rolls ☐ Chicken Pot Pie ☐ Lemon & Herb Fish, Red Potatoes & Asparagus ☐ Cranberry Turkey Salad Wrap w/ Applesauce
<p>NAME: _____ Dec 20 2026</p> <ul style="list-style-type: none"> ☐ Cheesy Scrambled Eggs w/ Sausage ☐ Pizza Casserole with California Blend ☐ Chicken Salad Sandwich & Cottage Cheese ☐ Swedish Meatballs with Pasta & Green Beans ☐ Honey Ginger Pork, Red Potatoes & Asparagus ☐ Jambalaya ☐ Tortellini Soup ☐ Ham & Bean Soup w/ cornbread ☐ Mediterranean Chicken Salad (lettuce mix, chicken, cucumber, tomatoes, red onion, avocado, kalamata olives) 	<p>NAME: _____ Dec 27, 2026</p> <ul style="list-style-type: none"> ☐ Biscuits & Gravy ☐ Baked Chicken, Cheesy Hashbrowns, Green Beans ☐ BBQ Roast Pork, Red Potatoes, California Blend ☐ Egg Salad Sandwich with Beet Salad ☐ Fish Sandwich & Coleslaw ☐ Taco Bowl ☐ Beef & Vegetable Soup ☐ Lasagna Soup ☐ Club Wrap with Potato Salad

If you have any questions or need to call/text in your order, please contact us at 219-204-1189